



#### Water is precious

Wasting water wastes the energy and chemicals used to treat it, deliver it to you tap and clean it again afterwards. Use it but don't waste it.



### Water for health

Our bodies need water to sta it and healthy. If you feel thirst rou are already dehydrated. Aryou drinking enough

# **@WaterAid**

#### /atorAid

Many people on earth don't han access to clean water and toile A child dies every 15 seconds because of this. www.wateraid.org.uk



## Bag it and bin I

Would you use your bin as a toilet? You know what the loo s for, please bin everything else.

# ESSEX&SUFFOLK WATER living water